

Tai Chi Chuan Public Class Schedule

Dan Layne | 626-253-7176 | dan@danlayne.com

<p>Norwalk Senior Center 14040 San Antonio Dr. Norwalk, CA 90650 562 - 929-5580</p> <p>St. Jude Center for Rehabilitation and Wellness 2767 East Imperial Highway Brea, CA 92821-6713 (714) 578-8720</p>	<p>MONDAY 1:00 – 2:00 pm Free</p> <p>MONDAY 4:00 – 5:00 pm For fee schedule go to: www.synergymedfit.com</p>
<p>LA Fetra Senior Center 116 E. Foothill Blvd.. Glendora, CA. 91741 626-914-8235</p> <p>Yorba Linda Senior Center 4501 Casa Loma Dr. Yorba Linda, CA. 92886 714-961-7181</p> <p>St. Jude Center for Rehabilitation and Wellness 2767 East Imperial Highway Brea, CA 92821-6713 (714) 578-8720</p>	<p>TUESDAY 9:00 – 10:00 am \$54.00/10 weeks Call for session date information</p> <p>TUESDAY 10:30 – 11:30 am, 11:45 – 12:15 am (advanced) Free</p> <p>TUESDAY 1:00 – 2:00 pm For fee schedule go to: www.synergymedfit.com</p>
<p>West Anaheim Senior Program 2271 W. Crescent Ave. Anaheim, CA. 92801 714-765-4511</p> <p>St. Jude Center for Rehabilitation and Wellness 2767 East Imperial Highway Brea, CA 92821-6713 (714) 578-8720</p> <p>E. San Gabriel Valley Church of Religious Science 5446 N. Citrus Ave.. Covina, CA. 91723 626 - 332- 6838</p>	<p>WEDNESDAY TaiChi: 10:00 – 10:55 am, Balance: 11:00 – 11:50 am Free</p> <p>WEDNESDAY 4:00 – 5:00 pm For fee schedule go to: www.synergymedfit.com</p> <p>WEDNESDAY 6:00 – 6:50 pm \$80.00/10 weeks (must be used within one year) Or \$10/class</p>
<p>Yorba Linda Senior Center 4501 Casa Loma Dr. Yorba Linda, CA. 92886 714-961-7181</p> <p>Cypress Senior Center 9031 Grindlay Str. Cypress, CA. 90630 714-229-6662</p>	<p>THURSDAY 10:30 – 11:30 am, 11:45 – 12:15 am (advanced) Free</p> <p>THURSDAY 1:00 – 2:30 pm Free</p>
<p>Covina Park Recreation Hall 300 W. San Bernardino Rd. Covina, CA. 91723 626-858-7271</p>	<p>FRIDAY 6:00 – 7:00 pm \$45.00/8 weeks Call for session date information</p>
<p>Cerritos College Community Education 11110 Alondra Blvd. Norwalk, CA. 90650 562-467-5050, ext. 2521</p>	<p>SATURDAY 8:30 – 10:00 am \$80.00/6 weeks Call for session date information</p>

Balance & Mobility Public Class Schedule
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<p>Brea Senior Center 500 S. Sievers St. Brea, CA 92821</p>	<p>MONDAY 10:00 – 12:00 pm Free</p>
<p>Norwalk Senior Center 14040 San Antonio Dr. Norwalk, CA 90650 562 - 929-5580</p>	<p>MONDAY 2:00 – 3:00 pm Free</p>
<p>LA Fetra Senior Center 116 E. Foothill Blvd.. Glendora, CA. 91741 626-914-8235</p>	<p>TUESDAY & THURSDAY 4:00 pm – 5:00 pm \$84.00/8 weeks Call for current session information</p>
<p>Yorba Linda Senior Center 4501 Casa Loma Dr. Yorba Linda, CA. 92886 714-961-7181</p>	<p>WEDNESDAY 2:00 – 3:30 pm Free</p>
<p>LA Fetra Senior Center 116 E. Foothill Blvd.. Glendora, CA. 91741 626-914-8235</p>	<p>TUESDAY & THURSDAY 4:00 – 5:00 pm \$84.00/8 weeks Call for current session information</p>
<p>Kelby Park Joslyn Center 815 N. Barranca Avenue Covina, CA. 91723 626-858-7271</p>	<p>SATURDAY 10:30 – 11:30 am \$55.00/8 weeks</p>